

The following homework or in-class assignment can be used as a tool to assess and evaluate students' understanding of concepts and communication of required knowledge (Ontario Health and Physical Education Achievement Chart for Grades 1-8) related to the learned module(s). The assignment can be given to students upon completion of each module, or of all 6 modules.

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Write a story describing the aspects of your school that make it a healthy and safe place to learn. What improvements, if any, would you recommend to make your school a more positive environment for everyone; one that promotes healthy lifestyles for all students.

OR

Create a poster or collage that illustrates all of the factors that influence how a student might feel about their body size or shape at school, at home, with friends, when reading magazines or watching television.

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